

MAR TO OCT 21

WEEKLY MENU

WEEK ONE - 8 MARCH, 19 APRIL, 17 MAY, 21 JUNE, 19 JULY, 13 SEPTEMBER, 11 OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
QUORN BOLOGNESE TWISTS ^{1.9 V} SWEET POTATO & CHICK PEA CURRY & RICE ^{1.6} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} GARLIC BREAD ^{1.3.7.9} GREEN BEANS, SLICED CARROTS STRAWBERRY CHEESECAKE ^{1.3.7.9.15}	SWEET & SOUR CHICKEN CHEESE & TOMATO WRAP STACK ^{1.7 V} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} RICE SEASONAL VEGETABLES TOFFEE APPLE PUDDING ^{1.9} & CUSTARD ⁷	ROAST GAMMON OR ROAST GAMMON BAP ^{1.5} VEGAN SAUSAGE ROLL ^{1.16} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} RUSTIC ROAST POTATOES SLICED CARROTS, CABBAGE CHOCOLATE MOUSSE ⁷	COTTAGE PIE TOMATO PASTA BAKE ^{1.7 V} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} SWEETCORN BROCCOLI FRUIT LOAF ^{1.3.7.9}	BATTERED FISH ^{1.4.7.8} BAKED BEAN BURGER IN A BUN ^{1.5.16} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} CHIPS, BAKED BEANS PEAS BANANA BAR ^{1.15}

WEEK TWO - 15 MARCH, 26 APRIL, 24 MAY, 28 JUNE, 20 SEPTEMBER, 18 OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
QUORN SAUSAGE & BAKED BEAN PIE ^{1.7.8.16} CHEESY PESTO PASTA ^{1.7} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} SWEETCORN SLICED GREEN BEANS PEACH CRUMBLE ¹ & CUSTARD ⁷	BARBEQUE PORK VEGETABLE STIR FRY NOODLES ^{1.3.8.16 V} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} RICE CAULIFLOWER, PEAS APPLE PIE ¹ & CUSTARD ⁷	ROAST TURKEY OR TURKEY BAP ^{1.5} CARIBBEAN PASTIE ^{1.16} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} RUSTIC ROAST POTATOES BROCCOLI, SLICED CARROTS CHOCOLATE BROWNIE ^{1.9}	PENNE BOLOGNESE ¹ CAULIFLOWER & POTATO CHEESE ^{1.7 V} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} GARLIC BREAD ^{1.3.7.9} SEASONAL VEGETABLES STRAWBERRY MOUSSE ⁷	BATTERED FISH ^{1.4.7.8} HERBY TOMATO PINWHEEL ^{1.16} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} CHIPS BAKED BEANS, PEAS CARAMEL COOKIE ^{1.7}

WEEK THREE - 22 MARCH, 3 MAY, 7 JUNE, 5 JULY, 30 AUGUST, 27 SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SHEPHERDESS PIE ^{9 V} VEGETABLE NUGGETS ^{1.16} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} BAKED WEDGES, SWEETCORN CAULIFLOWER SULTANA CAKE ^{1.9} & CUSTARD ⁷	CHICKEN PIE ¹ CHEESY FUSILLI ^{1.7 V} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} NEW POTATOES SEASONAL VEGETABLES APPLE CRUMBLE ¹ & CUSTARD ⁷	ROAST PORK OR PORK BAP ^{1.5} ROAST PEPPER TART ^{1.7.9 V} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} RUSTIC ROAST POTATOES BROCCOLI, SLICED CARROTS ICED BUN ^{1.5}	BEEF & POTATO CURRY WITH NAAN BREAD ^{1.7} FALAFEL WRAP ¹ WITH YOGHURT DRESSING ^{7.16} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} RICE, SWEETCORN GREEN BEANS CHOCOLATE & BANANA WHIRL BUN ^{1.3.7.9}	BATTERED FISH ^{1.4.7.8} BRUSCHETTA ^{1.3.7 V} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} CHIPS BAKED BEANS PEAS CRISPY CAKE ^{7.16}

WEEK FOUR - 29 MARCH, 10 MAY, 14 JUNE, 12 JULY, 6 SEPTEMBER, 4 OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MACARONI CHEESE ^{1.7 V} RICE & BEAN BURRITO ^{1.16} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} BAKED WEDGES GREEN BEANS SLICED CARROTS LEMON DRIZZLE CAKE ^{1.9}	SAUSAGES WITH GRAVY ^{1.8} QUORN SAUSAGE ^{1.7.8.16 V} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} MASHED POTATO CABBAGE BAKED BEANS APPLE & CINNAMON WHIRL ¹	ROAST CHICKEN OR CHICKEN BAP ^{1.5} BBQ PULLED JACKFRUIT IN A BUN ^{1.5.16} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} RUSTIC ROAST POTATOES SEASONAL VEGETABLES CHOCOLATE SPONGE ^{1.9} AND CHOCOLATE SAUCE ⁷	CHILLI CON CARNE ⁴ WITH BAKED TORTILLA CHIPS ¹ VEGETABLE LASAGNE ^{1.7.9 V} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} RICE, CAULIFLOWER CARROTS JAM TART ^{1.8} & CUSTARD ⁷	BATTERED FISH ^{1.4.7.8} MARGHERITA PIZZA ^{1.3.7.9 V} JACKET POTATOES WITH A CHOICE OF FILLINGS ^{7.8.9} CHIPS BAKED BEANS PEAS FRUITY FLAPJACK ^{1.15}

AVAILABLE DAILY: FRESHLY MADE PANINIS, BAGUETTES, SANDWICHES & WRAPS AND FOR DESSERT, HOMEMADE COOKIES, CAKES, FRUIT & YOGHURT

SOME OF OUR SCHOOLS MAY USE PRE PREPPED POTATOES OR VEGETABLES ON OCCASIONS. THESE MAY CONTAIN SULPHITES AND CELERIAC. PLEASE DISCUSS WITH YOUR MANAGER. HOMEMADE BREAD 1.3.7.9 AND A SELECTION OF SALADS 9 AVAILABLE DAILY.

KEY: V6 VEGAN
V VEGETARIAN

DISHS MARKED WITH ANY OF THE FOLLOWING NUMBERS CONTAIN THE MATCHING ALLERGEN:

1 WHEAT GLUTEN 2 CRUSTACEANS 3 SOYBEAN 4 MUSTARD 5 SESAME 6 SULPHITES/SULPHUR DIOXIDE 7 MILK 8 FISH
9 EGG 10 PEANUTS 11 MOLLUSCS 12 CELERIAC/CELERY 13 NUTS 14 LUPINS 15 OAT GLUTEN 16 BARLEY GLUTEN

Allergen
Accreditation

RE N O O R I S H